

# DICHIARAZIONE UNIVERSALE DEI DIRITTI UMANI

DÉCLARATION UNIVERSELLE  
DES DROITS DE L'HOMME  
UNIVERSAL DECLARATION  
OF HUMAN RIGHTS  
DECLARACIÓN UNIVERSAL  
DE DERECHOS HUMANOS



Senato della Repubblica



# BIBLIOTECA DIRITTI E DOVERI

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ASSEMBLEA GENERALE  
DELLE NAZIONI UNITE

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# THE UNIVERSAL DECLARATION OF Human Rights

**PREAMBLE** recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world.

**ARTICLE 1** **Disregard and contempt for human rights have resulted in barbarous acts which have outraged the conscience of mankind, and the advent of a world in which human beings shall enjoy freedom of speech and belief and freedom from fear and want has been proclaimed as the highest aspiration of the common people.**

**ARTICLE 2** **If it is essential, if man is not to be compelled to have recourse, as a last resort, to rebellion against tyranny and oppression, that human rights should be protected by the rule of law.**

**ARTICLE 3** **It is essential to promote the development of friendly relations among nations.**

**ARTICLE 4** **The peoples of the United Nations have in the Charter reaffirmed their faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of men and women and have**

**determined to promote social progress and better standards of life in larger freedom.**

**ARTICLE 5** **Member States have pledged themselves to achieve, in co-operation with the United Nations, the promotion of universal respect for and observance of human rights and fundamental freedoms.**

**ARTICLE 6** **Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief.**

**ARTICLE 7** **Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to receive and impart information and ideas without regard to frontiers, race, sex, language, religion or national origin.**

**ARTICLE 8** **Everyone has the right to an effective remedy by the competent national tribunals for acts violating the fundamental rights granted him by the constitution or by law.**

**ARTICLE 9** **No one shall be subjected to arbitrary arrest, detention or exile.**

**ARTICLE 10** **Everyone is entitled in full equality to a fair and public hearing by an independent and impartial tribunal in the determination of his rights and obligations and of any criminal charge against him.**

**ARTICLE 11** **Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public hearing in which all the guarantees necessary for his defence are afforded.**

**ARTICLE 12** **No one shall be subjected to arbitrary interference with his privacy, family, home or correspondence, nor to attacks upon his honour and reputation. Everyone has the right to the protection of the law against such interference or attacks.**

**ARTICLE 13** **Everyone has the right to freedom of movement and residence within the borders of each state.**

**ARTICLE 14** **Everyone has the right to leave any country, including his own, and to return to his country.**

**ARTICLE 15** **Everyone has the right to a nationality.**

**ARTICLE 16** **Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.**

**ARTICLE 17** **Everyone has the right to own property alone as well as in association with others.**

**ARTICLE 18** **Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance.**

**ARTICLE 19** **Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without restriction and to receive and impart information and ideas through any media and regardless of frontiers.**

**ARTICLE 20** **Everyone has the right to freedom of peaceful assembly and association.**

**ARTICLE 21** **Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.**

**ARTICLE 22** **Everyone has the right of access to public service in his country.**

**ARTICLE 23** **The will of the people shall be the basis of the authority of government; this will shall be expressed in periodic and genuine elections which shall be by secret ballot and equal suffrage and shall be held by the most advanced voting procedures.**

**ARTICLE 24** **Everyone, as a member of society, has the right to rest and leisure, to reasonable limitation of working hours and to periodic holidays with pay.**

**ARTICLE 25** **Everyone has the right to a just and favourable remuneration which shall enable him to maintain a decent standard of living and to enjoy for himself and his family the fruits of his work, and to participate in the social progress and well-being of his country.**

**ARTICLE 26** **Everyone has the right to education. Education shall be free, at least in the elementary and fundamental stages. Elementary education shall be compulsory. Technical, vocational and higher education shall be available to all on the basis of merit.**

**ARTICLE 27** **Everyone has the right to education, at least in the elementary and fundamental stages. Elementary education shall be compulsory. Technical, vocational and higher education shall be available to all on the basis of merit.**

**ARTICLE 28** **Everyone has the right to a social and international order in which the rights and freedoms of each individual may be fully realized.**

**ARTICLE 29** **Everyone has the right to the free development of his personality, in full conformity with the rights and freedoms of others and in full conformity with the requirements of the community.**

**ARTICLE 30** **Nothing in this Declaration may be interpreted as implying for any State, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein.**

**ARTICLE 1** **All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.**

**ARTICLE 2** **Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status.**

**ARTICLE 3** **In the exercise of their rights and freedoms, everyone shall be subject to the limitations prescribed by the law, which shall be necessary for the respect and observance of the rights and freedoms of others, and for the maintenance of public order and morality.**

**ARTICLE 4** **Everyone has the right to life, liberty and the security of person.**

**ARTICLE 5** **No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.**

**ARTICLE 6** **Everyone has the right to recognition everywhere as a person before the law.**

**ARTICLE 7** **All are equal before the law and are entitled without any discrimination to equal protection of the law. All are entitled to equal treatment before the courts.**

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Approved by the United Nations General Assembly on 10 December 1948

UNITED NATIONS

Il 10 dicembre 1948, l'Assemblea Generale delle Nazioni Unite approvò e proclamò la Dichiarazione Universale dei Diritti Umani, il cui testo completo è stampato nelle pagine seguenti.

Dopo questa solenne deliberazione, l'Assemblea delle Nazioni Unite diede istruzioni al Segretario Generale di provvedere a diffondere ampiamente questa Dichiarazione e, a tal fine, di pubblicarne e distribuirne il testo non soltanto nelle cinque lingue ufficiali dell'Organizzazione internazionale, ma anche in quante altre lingue fosse possibile usando ogni mezzo a sua disposizione.

La Dichiarazione è composta da un preambolo e da 30 articoli.

Pur non essendo formalmente vincolante per gli Stati membri, in quanto dichiarazione di principi, questo documento riveste un'importanza storica fondamentale in quanto rappresenta la prima testimonianza della volontà della comunità internazionale di riconoscere universalmente i diritti che spettano a ciascun essere umano.

Le norme che compongono la Dichiarazione sono ormai considerate, dal punto di vista sostanziale, come principi generali del diritto internazionale e come tali vincolanti per tutti i soggetti di tale ordinamento.

**ARTICLE 1** **Everyone has the right to seek and to enjoy in other countries asylum from persecution.**

**ARTICLE 2** **This right may not be invoked in the case of prosecution genuinely arising from non-political crimes or from acts contrary to the purposes and principles of the United Nations.**

**ARTICLE 3** **Everyone has the right to a nationality.**

**ARTICLE 4** **No one shall be arbitrarily deprived of his nationality nor denied the right to change his nationality.**

**ARTICLE 5** **Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.**

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# DÉCLARATION UNIVERSELLE DES DROITS DE L'HOMME

## Préambule

Considérant que la reconnaissance de la dignité inhérente à tous les membres de la famille humaine et de leurs droits égaux et inaliénables constitue le fondement de la liberté, de la justice et de la paix dans le monde,  
Considérant que la méconnaissance et le mépris des droits de l'homme ont conduit à des actes de barbarie qui révoltent la conscience de l'humanité et que l'avènement d'un monde où les êtres humains seront libres de parler et de croire, libérés de la terreur et de la misère, a été proclamé comme la plus haute aspiration de l'homme,  
Considérant qu'il est essentiel que les droits de l'homme soient protégés par un régime de droit pour que l'homme ne soit pas contraint, en suprême recours, à la révolte contre la tyrannie et l'oppression,  
Considérant qu'il est essentiel d'encourager le développement de relations amicales entre nations,  
Considérant que dans la Charte les peuples des Nations Unies ont proclamé à nouveau leur foi dans les droits fondamentaux de l'homme, dans la dignité et la valeur de la personne humaine, dans l'égalité des droits des hommes et des femmes, et qu'ils se sont déclarés résolus à favoriser le progrès social et à instaurer de meilleures conditions de vie dans une liberté plus grande,  
Considérant que les Etats Membres se sont engagés à assurer, en coopération avec l'Organisation des Nations Unies, le respect universel et effectif des droits de l'homme et des libertés fondamentales,  
Considérant qu'une conception commune de ces droits et libertés est de la plus haute importance pour remplir pleinement cet engagement,

# UNIVERSAL DECLARATION OF HUMAN RIGHTS

## Preamble

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world,  
Whereas disregard and contempt for human rights have resulted in barbarous acts which have outraged the conscience of mankind, and the advent of a world in which human beings shall enjoy freedom of speech and belief and freedom from fear and want has been proclaimed as the highest aspiration of the common people,  
Whereas it is essential, if man is not to be compelled to have recourse, as a last resort, to rebellion against tyranny and oppression, that human rights should be protected by the rule of law,  
Whereas it is essential to promote the development of friendly relations between nations,  
Whereas the peoples of the United Nations have in the Charter reaffirmed their faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of men and women and have determined to promote social progress and better standards of life in larger freedom,  
Whereas Member States have pledged themselves to achieve, in cooperation with the United Nations, the promotion of universal respect for and observance of human rights and fundamental freedoms,  
Whereas a common understanding of these rights and freedoms is of the greatest importance for the full realization of this pledge,  
Now, therefore,

# DECLARACIÓN UNIVERSAL DE DERECHOS HUMANOS

## Preámbulo

Considerando que la libertad, la justicia y la paz en el mundo tienen por base el reconocimiento de la dignidad intrínseca y de los derechos iguales e inalienables de todos los miembros de la familia humana,  
Considerando que el desconocimiento y el menosprecio de los derechos humanos han originado actos de barbarie ultrajantes para la conciencia de la humanidad; y que se ha proclamado, como la aspiración más elevada del hombre, el advenimiento de un mundo en que los seres humanos, liberados del temor y de la miseria, disfruten de la libertad de palabra y de la libertad de creencias,  
Considerando esencial que los derechos humanos sean protegidos por un régimen de Derecho, a fin de que el hombre no se vea compelido al supremo recurso de la rebelión contra la tiranía y la opresión,  
Considerando también esencial promover el desarrollo de relaciones amistosas entre las naciones,  
Considerando que los pueblos de las Naciones Unidas han reafirmado en la Carta su fe en los derechos fundamentales del hombre, en la dignidad y el valor de la persona humana y en la igualdad de derechos de hombres y mujeres; y se han declarado resueltos a promover el progreso social y a elevar el nivel de vida dentro de un concepto más amplio de la libertad,  
Considerando que los Estados Miembros se han comprometido a asegurar, en cooperación con la Organización de las Naciones Unidas, el respeto universal y efectivo a los derechos y libertades fundamentales del hombre, y  
Considerando que una concepción común de estos derechos y libertades es de la mayor importancia para el pleno cumplimiento de dicho compromiso,

# DICHIARAZIONE UNIVERSALE DEI DIRITTI UMANI

## Preambolo

Considerato che il riconoscimento della dignità inerente a tutti i membri della famiglia umana e dei loro diritti, uguali ed inalienabili, costituisce il fondamento della libertà, della giustizia e della pace nel mondo;

Considerato che il disconoscimento e il disprezzo dei diritti umani hanno portato ad atti di barbarie che offendono la coscienza dell'umanità, e che l'avvento di un mondo in cui gli esseri umani godano della libertà di parola e di credo e della libertà dal timore e dal bisogno è stato proclamato come la più alta aspirazione dell'uomo;

Considerato che è indispensabile che i diritti umani siano protetti da norme giuridiche, se si vuole evitare che l'uomo sia costretto a ricorrere, come ultima istanza, alla ribellione contro la tirannia e l'oppressione;

Considerato che è indispensabile promuovere lo sviluppo di rapporti amichevoli tra le Nazioni;

Considerato che i popoli delle Nazioni Unite hanno riaffermato nello Statuto la loro fede nei diritti umani fondamentali, nella dignità e nel valore della persona umana, nell'uguaglianza dei diritti dell'uomo e della donna, ed hanno deciso di promuovere il progresso sociale e un miglior tenore di vita in una maggiore libertà;

Considerato che gli Stati membri si sono impegnati a perseguire, in cooperazione con le Nazioni Unite, il rispetto e l'osservanza universale dei diritti umani e delle libertà fondamentali;

Considerato che una concezione comune di questi diritti e di questa libertà è della massima importanza per la piena realizzazione di questi impegni;

**L'Assemblée générale**

Proclame la présente Déclaration universelle des droits de l'homme comme l'idéal commun à atteindre par tous les peuples et toutes les nations afin que tous les individus et tous les organes de la société, ayant cette Déclaration constamment à l'esprit, s'efforcent, par l'enseignement et l'éducation, de développer le respect de ces droits et libertés et d'en assurer, par des mesures progressives d'ordre national et international, la reconnaissance et l'application universelles et effectives, tant parmi les populations des Etats Membres eux-mêmes que parmi celles des territoires placés sous leur juridiction.

**The General Assembly,**

Proclaims this Universal Declaration of Human Rights as a common standard of achievement for all peoples and all nations, to the end that every individual and every organ of society, keeping this Declaration constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms and by progressive measures, national and international, to secure their universal and effective recognition and observance, both among the peoples of Member States themselves and among the peoples of territories under their jurisdiction.

**La Asamblea General**

Proclama la presente Declaración Universal de Derechos Humanos como ideal común por el que todos los pueblos y naciones deben esforzarse, a fin de que tanto los individuos como las instituciones, inspirándose constantemente en ella, promuevan, mediante la enseñanza y la educación, el respeto a estos derechos y libertades, y aseguren, por medidas progresivas de carácter nacional e internacional, su reconocimiento y aplicación universales y efectivos, tanto entre los pueblos de los Estados Miembros como entre los de los territorios colocados bajo su jurisdicción.

**L'Assemblea Generale**

proclama la presente Dichiarazione Universale dei Diritti Umani come ideale comune da raggiungersi da tutti i popoli e da tutte le Nazioni, al fine che ogni individuo ed ogni organo della società, avendo costantemente presente questa Dichiarazione, si sforzi di promuovere, con l'insegnamento e l'educazione, il rispetto di questi diritti e di queste libertà e di garantirne, mediante misure progressive di carattere nazionale e internazionale, l'universale ed effettivo riconoscimento e rispetto tanto fra i popoli degli stessi Stati membri, quanto fra quelli dei territori sottoposti alla loro giurisdizione.

**Article premier**

Tous les êtres humains naissent libres et égaux en dignité et en droits. Ils sont doués de raison et de conscience et doivent agir les uns envers les autres dans un esprit de fraternité.

**Article 2**

Chacun peut se prévaloir de tous les droits et de toutes les libertés proclamés dans la présente Déclaration, sans distinction aucune, notamment de race, de couleur, de sexe, de langue, de religion, d'opinion politique ou de toute autre opinion, d'origine nationale ou sociale, de fortune, de naissance ou de toute autre situation.

De plus, il ne sera fait aucune distinction fondée sur le statut politique, juridique ou international du pays ou du territoire dont une personne est ressortissante, que ce pays ou territoire soit indépendant, sous tutelle, non autonome ou soumis à une limitation quelconque de souveraineté.

**Article 3**

Tout individu a droit à la vie, à la liberté et à la sûreté de sa personne.

**Article 4**

Nul ne sera tenu en esclavage ni en servitude; l'esclavage et la traite des esclaves sont interdits sous toutes leurs formes.

**Article 5**

Nul ne sera soumis à la torture, ni à des peines ou traitements cruels, inhumains ou dégradants.

**Article 6**

Chacun a le droit à la reconnaissance en tous lieux de sa personnalité juridique.

**Article 7**

Tous sont égaux devant la loi et ont droit sans distinction à une égale protection de la loi. Tous ont droit à une protection égale contre toute discrimination qui violerait la présente Déclaration et contre toute provocation à une telle discrimination.

**Article 1**

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.

**Article 2**

Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status.

Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty.

**Article 3**

Everyone has the right to life, liberty and security of person.

**Article 4**

No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.

**Article 5**

No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

**Article 6**

Everyone has the right to recognition everywhere as a person before the law.

**Article 7**

All are equal before the law and are entitled without any discrimination to equal protection of the law. All are entitled to equal protection against any discrimination in violation of this Declaration and against any incitement to such discrimination.

**Artículo 1**

Todos los seres humanos nacen libres e iguales en dignidad y derechos y, dotados como están de razón y conciencia, deben comportarse fraternalmente los unos con los otros.

**Artículo 2**

Toda persona tiene los derechos y libertades proclamados en esta Declaración, sin distinción alguna de raza, color, sexo, idioma, religión, opinión política o de cualquier otra índole, origen nacional o social, posición económica, nacimiento o cualquier otra condición.

Además, no se hará distinción alguna fundada en la condición política, jurídica o internacional del país o territorio de cuya jurisdicción dependa una persona, tanto si se trata de un país independiente, como de un territorio bajo administración fiduciaria, no autónomo o sometido a cualquier otra limitación de soberanía.

**Artículo 3**

Todo individuo tiene derecho a la vida, a la libertad y a la seguridad de su persona.

**Artículo 4**

Nadie estará sometido a esclavitud ni a servidumbre; la esclavitud y la trata de esclavos están prohibidas en todas sus formas.

**Artículo 5**

Nadie será sometido a torturas ni a penas o tratos crueles, inhumanos o degradantes.

**Artículo 6**

Todo ser humano tiene derecho, en todas partes, al reconocimiento de su personalidad jurídica.

**Artículo 7**

Todos son iguales ante la ley y tienen, sin distinción, derecho a igual protección de la ley. Todos tienen derecho a igual protección contra toda discriminación que infrinja esta Declaración y contra toda provocación a tal discriminación.

**Articolo 1**

Tutti gli esseri umani nascono liberi ed eguali in dignità e diritti. Essi sono dotati di ragione e di coscienza e devono agire gli uni verso gli altri in spirito di fratellanza.

**Articolo 2**

Ad ogni individuo spettano tutti i diritti e tutte le libertà enunciate nella presente Dichiarazione, senza distinzione alcuna, per ragioni di razza, di colore, di sesso, di lingua, di religione, di opinione politica o di altro genere, di origine nazionale o sociale, di ricchezza, di nascita o di altra condizione. Nessuna distinzione sarà inoltre stabilita sulla base dello statuto politico, giuridico o internazionale del paese o del territorio cui una persona appartiene, sia indipendente, o sottoposto ad amministrazione fiduciaria o non autonomo, o soggetto a qualsiasi limitazione di sovranità.

**Articolo 3**

Ogni individuo ha diritto alla vita, alla libertà ed alla sicurezza della propria persona.

**Articolo 4**

Nessun individuo potrà essere tenuto in stato di schiavitù o di servitù; la schiavitù e la tratta degli schiavi saranno proibite sotto qualsiasi forma.

**Articolo 5**

Nessun individuo potrà essere sottoposto a tortura o a trattamento o a punizione crudeli, inumani o degradanti.

**Articolo 6**

Ogni individuo ha diritto, in ogni luogo, al riconoscimento della sua personalità giuridica.

**Articolo 7**

Tutti sono eguali dinanzi alla legge e hanno diritto, senza alcuna discriminazione, ad una eguale tutela da parte della legge. Tutti hanno diritto ad una eguale tutela contro ogni discriminazione che violi la presente Dichiarazione come contro qualsiasi incitamento a tale discriminazione.

**Article 8**

Toute personne a droit à un recours effectif devant les juridictions nationales compétentes contre les actes violant les droits fondamentaux qui lui sont reconnus par la constitution ou par la loi.

**Article 9**

Nul ne peut être arbitrairement arrêté, détenu ni exilé.

**Article 10**

Toute personne a droit, en pleine égalité, à ce que sa cause soit entendue équitablement et publiquement par un tribunal indépendant et impartial, qui décidera, soit de ses droits et obligations, soit du bien-fondé de toute accusation en matière pénale dirigée contre elle.

**Article 11**

1. Toute personne accusée d'un acte délictueux est présumée innocente jusqu'à ce que sa culpabilité ait été légalement établie au cours d'un procès public où toutes les garanties nécessaires à sa défense lui auront été assurées.
2. Nul ne sera condamné pour des actions ou omissions qui, au moment où elles ont été commises, ne constituaient pas un acte délictueux d'après le droit national ou international. De même, il ne sera infligé aucune peine plus forte que celle qui était applicable au moment où l'acte délictueux a été commis.

**Article 12**

Nul ne sera l'objet d'immixtions arbitraires dans sa vie privée, sa famille, son domicile ou sa correspondance, ni d'atteintes à son honneur et à sa réputation. Toute personne a droit à la protection de la loi contre de telles immixtions ou de telles atteintes.

**Article 8**

Everyone has the right to an effective remedy by the competent national tribunals for acts violating the fundamental rights granted him by the constitution or by law.

**Article 9**

No one shall be subjected to arbitrary arrest, detention or exile.

**Article 10**

Everyone is entitled in full equality to a fair and public hearing by an independent and impartial tribunal, in the determination of his rights and obligations and of any criminal charge against him.

**Article 11**

1. Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public trial at which he has had all the guarantees necessary for his defence.
2. No one shall be held guilty of any penal offence on account of any act or omission which did not constitute a penal offence, under national or international law, at the time when it was committed. Nor shall a heavier penalty be imposed than the one that was applicable at the time the penal offence was committed.

**Article 12**

No one shall be subjected to arbitrary interference with his privacy, family, home or correspondence, nor to attacks upon his honour and reputation. Everyone has the right to the protection of the law against such interference or attacks.

**Artículo 8**

Toda persona tiene derecho a un recurso efectivo, ante los tribunales nacionales competentes, que la ampare contra actos que violen sus derechos fundamentales reconocidos por la constitución o por la ley.

**Artículo 9**

Nadie podrá ser arbitrariamente detenido, preso ni desterrado.

**Artículo 10**

Toda persona tiene derecho, en condiciones de plena igualdad, a ser oída públicamente y con justicia por un tribunal independiente e imparcial, para la determinación de sus derechos y obligaciones o para el examen de cualquier acusación contra ella en materia penal.

**Artículo 11**

1. Toda persona acusada de delito tiene derecho a que se presuma su inocencia mientras no se pruebe su culpabilidad, conforme a la ley y en juicio público en el que se le hayan asegurado todas las garantías necesarias para su defensa.
2. Nadie será condenado por actos u omisiones que en el momento de cometerse no fueron delictivos según el Derecho nacional o internacional. Tampoco se impondrá pena más grave que la aplicable en el momento de la comisión del delito.

**Artículo 12**

Nadie será objeto de injerencias arbitrarias en su vida privada, su familia, su domicilio o su correspondencia, ni de ataques a su honra o a su reputación. Toda persona tiene derecho a la protección de la ley contra tales injerencias o ataques.

**Articolo 8**

Ogni individuo ha diritto ad un'effettiva possibilità di ricorso a competenti tribunali contro atti che violino i diritti fondamentali a lui riconosciuti dalla costituzione o dalla legge.

**Articolo 9**

Nessun individuo potrà essere arbitrariamente arrestato, detenuto o esiliato.

**Articolo 10**

Ogni individuo ha diritto, in posizione di piena uguaglianza, ad una equa e pubblica udienza davanti ad un tribunale indipendente e imparziale, al fine della determinazione dei suoi diritti e dei suoi doveri, nonché della fondatezza di ogni accusa penale che gli venga rivolta.

**Articolo 11**

1. Ogni individuo accusato di un reato è presunto innocente sino a che la sua colpevolezza non sia stata provata legalmente in un pubblico processo nel quale egli abbia avuto tutte le garanzie necessarie per la sua difesa.
2. Nessun individuo sarà condannato per un comportamento commissivo od omissivo che, al momento in cui sia stato perpetuato, non costituisca reato secondo il diritto interno o secondo il diritto internazionale. Non potrà del pari essere inflitta alcuna pena superiore a quella applicabile al momento in cui il reato sia stato commesso.

**Articolo 12**

Nessun individuo potrà essere sottoposto ad interferenze arbitrarie nella sua vita privata, nella sua famiglia, nella sua casa, nella sua corrispondenza, né a lesione del suo onore e della sua reputazione. Ogni individuo ha diritto ad essere tutelato dalla legge contro tali interferenze o lesioni.



**Article 13**

1. Toute personne a le droit de circuler librement et de choisir sa résidence à l'intérieur d'un Etat.
2. Toute personne a le droit de quitter tout pays, y compris le sien, et de revenir dans son pays.

**Article 14**

1. Devant la persécution, toute personne a le droit de chercher asile et de bénéficier de l'asile en d'autres pays.
2. Ce droit ne peut être invoqué dans le cas de poursuites réellement fondées sur un crime de droit commun ou sur des agissements contraires aux buts et aux principes des Nations Unies.

**Article 15**

1. Tout individu a droit à une nationalité.
2. Nul ne peut être arbitrairement privé de sa nationalité, ni du droit de changer de nationalité.

**Article 16**

1. A partir de l'âge nubile, l'homme et la femme, sans aucune restriction quant à la race, la nationalité ou la religion, ont le droit de se marier et de fonder une famille. Ils ont des droits égaux au regard du mariage, durant le mariage et lors de sa dissolution.
2. Le mariage ne peut être conclu qu'avec le libre et plein consentement des futurs époux.
3. La famille est l'élément naturel et fondamental de la société et a droit à la protection de la société et de l'Etat.

**Article 17**

1. Toute personne, aussi bien seule qu'en collectivité, a droit à la propriété.
2. Nul ne peut être arbitrairement privé de sa propriété.

**Article 13**

1. Everyone has the right to freedom of movement and residence within the borders of each State.
2. Everyone has the right to leave any country, including his own, and to return to his country.

**Article 14**

1. Everyone has the right to seek and to enjoy in other countries asylum from persecution.
2. This right may not be invoked in the case of prosecutions genuinely arising from non-political crimes or from acts contrary to the purposes and principles of the United Nations.

**Article 15**

1. Everyone has the right to a nationality.
2. No one shall be arbitrarily deprived of his nationality nor denied the right to change his nationality.

**Article 16**

1. Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.
2. Marriage shall be entered into only with the free and full consent of the intending spouses.
3. The family is the natural and fundamental group unit of society and is entitled to protection by society and the State.

**Article 17**

1. Everyone has the right to own property alone as well as in association with others.
2. No one shall be arbitrarily deprived of his property.

**Artículo 13**

1. Toda persona tiene derecho a circular libremente y a elegir su residencia en el territorio de un Estado.
2. Toda persona tiene derecho a salir de cualquier país, incluso el propio, y a regresar a su país.

**Artículo 14**

1. En caso de persecución, toda persona tiene derecho a buscar asilo, y a disfrutar de él, en cualquier país.
2. Este derecho no podrá ser invocado contra una acción judicial realmente originada por delitos comunes o por actos opuestos a los propósitos y principios de las Naciones Unidas.

**Artículo 15**

1. Toda persona tiene derecho a una nacionalidad.
2. A nadie se privará arbitrariamente de su nacionalidad ni del derecho a cambiar de nacionalidad.

**Artículo 16**

1. Los hombres y las mujeres, a partir de la edad núbil, tienen derecho, sin restricción alguna por motivos de raza, nacionalidad o religión, a casarse y fundar una familia; y disfrutarán de iguales derechos en cuanto al matrimonio, durante el matrimonio y en caso de disolución del matrimonio.
2. Sólo mediante libre y pleno consentimiento de los futuros esposos podrá contraerse el matrimonio.
3. La familia es el elemento natural y fundamental de la sociedad y tiene derecho a la protección de la sociedad y del Estado.

**Artículo 17**

1. Toda persona tiene derecho a la propiedad, individual y colectivamente.
2. Nadie será privado arbitrariamente de su propiedad.

**Articolo 13**

1. Ogni individuo ha diritto alla libertà di movimento e di residenza entro i confini di ogni Stato.
2. Ogni individuo ha diritto di lasciare qualsiasi paese, incluso il proprio, e di ritornare nel proprio paese.

**Articolo 14**

1. Ogni individuo ha il diritto di cercare e di godere in altri paesi asilo dalle persecuzioni.
2. Questo diritto non potrà essere invocato qualora l'individuo sia realmente ricercato per reati non politici o per azioni contrarie ai fini e ai principi delle Nazioni Unite.

**Articolo 15**

1. Ogni individuo ha diritto ad una cittadinanza.
2. Nessun individuo potrà essere arbitrariamente privato della sua cittadinanza, né del diritto di mutare cittadinanza.

**Articolo 16**

1. Uomini e donne in età adatta hanno il diritto di sposarsi e di fondare una famiglia, senza alcuna limitazione di razza, cittadinanza o religione. Essi hanno eguali diritti riguardo al matrimonio, durante il matrimonio e all'atto del suo scioglimento.
2. Il matrimonio potrà essere concluso soltanto con il libero e pieno consenso dei futuri coniugi.
3. La famiglia è il nucleo naturale e fondamentale della società e ha diritto ad essere protetta dalla società e dallo Stato.

**Articolo 17**

1. Ogni individuo ha il diritto ad avere una proprietà sua personale o in comune con altri.
2. Nessun individuo potrà essere arbitrariamente privato della sua proprietà.

**Article 18**

Toute personne a droit à la liberté de pensée, de conscience et de religion; ce droit implique la liberté de changer de religion ou de conviction ainsi que la liberté de manifester sa religion ou sa conviction, seule ou en commun, tant en public qu'en privé, par l'enseignement, les pratiques, le culte et l'accomplissement des rites.

**Article 19**

Tout individu a droit à la liberté d'opinion et d'expression, ce qui implique le droit de ne pas être inquiété pour ses opinions et celui de chercher, de recevoir et de répandre, sans considérations de frontières, les informations et les idées par quelque moyen d'expression que ce soit.

**Article 20**

1. Toute personne a droit à la liberté de réunion et d'association pacifiques.
2. Nul ne peut être obligé de faire partie d'une association.

**Article 21**

1. Toute personne a le droit de prendre part à la direction des affaires publiques de son pays, soit directement, soit par l'intermédiaire de représentants librement choisis.
2. Toute personne a droit à accéder, dans des conditions d'égalité, aux fonctions publiques de son pays.
3. La volonté du peuple est le fondement de l'autorité des pouvoirs publics; cette volonté doit s'exprimer par des élections honnêtes qui doivent avoir lieu périodiquement, au suffrage universel égal et au vote secret ou suivant une procédure équivalente assurant la liberté du vote.

**Article 18**

Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance.

**Article 19**

Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.

**Article 20**

1. Everyone has the right to freedom of peaceful assembly and association.
2. No one may be compelled to belong to an association.

**Article 21**

1. Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.
2. Everyone has the right to equal access to public service in his country.
3. The will of the people shall be the basis of the authority of government; this will shall be expressed in periodic and genuine elections which shall be by universal and equal suffrage and shall be held by secret vote or by equivalent free voting procedures.

**Artículo 18**

Toda persona tiene derecho a la libertad de pensamiento, de conciencia y de religión; este derecho incluye la libertad de cambiar de religión o de creencia, así como la libertad de manifestar su religión o su creencia, individual y colectivamente, tanto en público como en privado, por la enseñanza, la práctica, el culto y la observancia.

**Artículo 19**

Todo individuo tiene derecho a la libertad de opinión y de expresión; este derecho incluye el no ser molestado a causa de sus opiniones, el de investigar y recibir informaciones y opiniones, y el de difundirlas, sin limitación de fronteras, por cualquier medio de expresión.

**Artículo 20**

1. Toda persona tiene derecho a la libertad de reunión y de asociación pacíficas.
2. Nadie podrá ser obligado a pertenecer a una asociación.

**Artículo 21**

1. Toda persona tiene derecho a participar en el gobierno de su país, directamente o por medio de representantes libremente escogidos.
2. Toda persona tiene el derecho de acceso, en condiciones de igualdad, a las funciones públicas de su país.
3. La voluntad del pueblo es la base de la autoridad del poder público; esta voluntad se expresará mediante elecciones auténticas que habrán de celebrarse periódicamente, por sufragio universal e igual y por voto secreto u otro procedimiento equivalente que garantice la libertad del voto.

**Articolo 18**

Ogni individuo ha diritto alla libertà di pensiero, di coscienza e di religione; tale diritto include la libertà di cambiare di religione o di credo, e la libertà di manifestare, isolatamente o in comune, e sia in pubblico che in privato, la propria religione o il proprio credo nell'insegnamento, nelle pratiche, nel culto e nell'osservanza dei riti.

**Articolo 19**

Ogni individuo ha diritto alla libertà di opinione e di espressione incluso il diritto di non essere molestato per la propria opinione e quello di cercare, ricevere e diffondere informazioni e idee attraverso ogni mezzo e senza riguardo a frontiere.

**Articolo 20**

1. Ogni individuo ha diritto alla libertà di riunione e di associazione pacifica.
2. Nessuno può essere costretto a far parte di un'associazione.

**Articolo 21**

1. Ogni individuo ha diritto di partecipare al governo del proprio paese, sia direttamente, sia attraverso rappresentanti liberamente scelti.
2. Ogni individuo ha diritto di accedere in condizioni di eguaglianza ai pubblici impieghi del proprio paese.
3. La volontà popolare è il fondamento dell'autorità del governo; tale volontà deve essere espressa attraverso periodiche e veritiere elezioni, effettuate a suffragio universale ed eguale, ed a voto segreto, o secondo una procedura equivalente di libera votazione.

**Article 22**

Toute personne, en tant que membre de la société, a droit à la sécurité sociale; elle est fondée à obtenir la satisfaction des droits économiques, sociaux et culturels indispensables à sa dignité et au libre développement de sa personnalité, grâce à l'effort national et à la coopération internationale, compte tenu de l'organisation et des ressources de chaque pays.

**Article 23**

1. Toute personne a droit au travail, au libre choix de son travail, à des conditions équitables et satisfaisantes de travail et à la protection contre le chômage.
2. Tous ont droit, sans aucune discrimination, à un salaire égal pour un travail égal.
3. Quiconque travaille a droit à une rémunération équitable et satisfaisante lui assurant ainsi qu'à sa famille une existence conforme à la dignité humaine et complétée, s'il y a lieu, par tous autres moyens de protection sociale.
4. Toute personne a le droit de fonder avec d'autres des syndicats et de s'affilier à des syndicats pour la défense de ses intérêts.

**Article 24**

Toute personne a droit au repos et aux loisirs et notamment à une limitation raisonnable de la durée du travail et à des congés payés périodiques.

**Article 22**

Everyone, as a member of society, has the right to social security and is entitled to realization, through national effort and international co-operation and in accordance with the organization and resources of each State, of the economic, social and cultural rights indispensable for his dignity and the free development of his personality.

**Article 23**

1. Everyone has the right to work, to free choice of employment, to just and favourable conditions of work and to protection against unemployment.
2. Everyone, without any discrimination, has the right to equal pay for equal work.
3. Everyone who works has the right to just and favourable remuneration ensuring for himself and his family an existence worthy of human dignity, and supplemented, if necessary, by other means of social protection.
4. Everyone has the right to form and to join trade unions for the protection of his interests.

**Article 24**

Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay.

**Artículo 22**

Toda persona, como miembro de la sociedad, tiene derecho a la seguridad social, y a obtener, mediante el esfuerzo nacional y la cooperación internacional, habida cuenta de la organización y los recursos de cada Estado, la satisfacción de los derechos económicos, sociales y culturales, indispensables a su dignidad y al libre desarrollo de su personalidad.

**Artículo 23**

1. Toda persona tiene derecho al trabajo, a la libre elección de su trabajo, a condiciones equitativas y satisfactorias de trabajo y a la protección contra el desempleo.
2. Toda persona tiene derecho, sin discriminación alguna, a igual salario por trabajo igual.
3. Toda persona que trabaja tiene derecho a una remuneración equitativa y satisfactoria, que le asegure, así como a su familia, una existencia conforme a la dignidad humana y que será completada, en caso necesario, por cualesquiera otros medios de protección social.
4. Toda persona tiene derecho a fundar sindicatos y a sindicarse para la defensa de sus intereses.

**Artículo 24**

Toda persona tiene derecho al descanso, al disfrute del tiempo libre, a una limitación razonable de la duración del trabajo y a vacaciones periódicas pagadas.

**Articolo 22** Ogni individuo, in quanto membro della società, ha diritto alla sicurezza sociale, nonché alla realizzazione attraverso lo sforzo nazionale e la cooperazione internazionale ed in rapporto con l'organizzazione e le risorse di ogni Stato, dei diritti economici, sociali e culturali indispensabili alla sua dignità ed al libero sviluppo della sua personalità.

- Articolo 23**
1. Ogni individuo ha diritto al lavoro, alla libera scelta dell'impiego, a giuste e soddisfacenti condizioni di lavoro ed alla protezione contro la disoccupazione.
  2. Ogni individuo, senza discriminazione, ha diritto ad eguale retribuzione per eguale lavoro.
  3. Ogni individuo che lavora ha diritto ad una remunerazione equa e soddisfacente che assicuri a lui stesso e alla sua famiglia una esistenza conforme alla dignità umana ed integrata, se necessario, da altri mezzi di protezione sociale.
  4. Ogni individuo ha diritto di fondare dei sindacati e di aderirvi per la difesa dei propri interessi.

**Articolo 24** Ogni individuo ha diritto al riposo ed allo svago, comprendendo in ciò una ragionevole limitazione delle ore di lavoro e ferie periodiche retribuite.

**Article 25**

1. Toute personne a droit à un niveau de vie suffisant pour assurer sa santé, son bien-être et ceux de sa famille, notamment pour l'alimentation, l'habillement, le logement, les soins médicaux ainsi que pour les services sociaux nécessaires; elle a droit à la sécurité en cas de chômage, de maladie, d'invalidité, de veuvage, de vieillesse ou dans les autres cas de perte de ses moyens de subsistance par suite de circonstances indépendantes de sa volonté.
2. La maternité et l'enfance ont droit à une aide et à une assistance spéciales. Tous les enfants, qu'ils soient nés dans le mariage ou hors mariage, jouissent de la même protection sociale.

**Article 26**

1. Toute personne a droit à l'éducation. L'éducation doit être gratuite, au moins en ce qui concerne l'enseignement élémentaire et fondamental. L'enseignement élémentaire est obligatoire. L'enseignement technique et professionnel doit être généralisé; l'accès aux études supérieures doit être ouvert en pleine égalité à tous en fonction de leur mérite.
2. L'éducation doit viser au plein épanouissement de la personnalité humaine et au renforcement du respect des droits de l'homme et des libertés fondamentales. Elle doit favoriser la compréhension, la tolérance et l'amitié entre toutes les nations et tous les groupes raciaux ou religieux, ainsi que le développement des activités des Nations Unies pour le maintien de la paix.
3. Les parents ont, par priorité, le droit de choisir le genre d'éducation à donner à leurs enfants.

**Article 25**

1. Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control.
2. Motherhood and childhood are entitled to special care and assistance. All children, whether born in or out of wedlock, shall enjoy the same social protection.

**Article 26**

1. Everyone has the right to education. Education shall be free, at least in the elementary and fundamental stages. Elementary education shall be compulsory. Technical and professional education shall be made generally available and higher education shall be equally accessible to all on the basis of merit.
2. Education shall be directed to the full development of the human personality and to the strengthening of respect for human rights and fundamental freedoms. It shall promote understanding, tolerance and friendship among all nations, racial or religious groups, and shall further the activities of the United Nations for the maintenance of peace.
3. Parents have a prior right to choose the kind of education that shall be given to their children.

**Artículo 25**

1. Toda persona tiene derecho a un nivel de vida adecuado que le asegure, así como a su familia, la salud y el bienestar, y en especial la alimentación, el vestido, la vivienda, la asistencia médica y los servicios sociales necesarios; tiene asimismo derecho a los seguros en caso de desempleo, enfermedad, invalidez, viudez, vejez y otros casos de pérdida de sus medios de subsistencia por circunstancias independientes de su voluntad.
2. La maternidad y la infancia tienen derecho a cuidados y asistencia especiales. Todos los niños, nacidos de matrimonio o fuera de matrimonio, tienen derecho a igual protección social.

**Artículo 26**

1. Toda persona tiene derecho a la educación. La educación debe ser gratuita, al menos en lo concerniente a la instrucción elemental y fundamental. La instrucción elemental será obligatoria. La instrucción técnica y profesional habrá de ser generalizada; el acceso a los estudios superiores será igual para todos, en función de los méritos respectivos.
2. La educación tendrá por objeto el pleno desarrollo de la personalidad humana y el fortalecimiento del respeto a los derechos humanos y a las libertades fundamentales; favorecerá la comprensión, la tolerancia y la amistad entre todas las naciones y todos los grupos étnicos o religiosos; y promoverá el desarrollo de las actividades de las Naciones Unidas para el mantenimiento de la paz.
3. Los padres tendrán derecho preferente a escoger el tipo de educación que habrá de darse a sus hijos.

- Articolo 25**
1. Ogni individuo ha diritto ad un tenore di vita sufficiente a garantire la salute e il benessere proprio e della sua famiglia, con particolare riguardo all'alimentazione, al vestiario, all'abitazione, e alle cure mediche e ai servizi sociali necessari; ed ha diritto alla sicurezza in caso di disoccupazione, malattia, invalidità, vedovanza, vecchiaia o in altro caso di perdita di mezzi di sussistenza per circostanze indipendenti dalla sua volontà.
  2. La maternità e l'infanzia hanno diritto a speciali cure ed assistenza. Tutti i bambini, nati nel matrimonio o fuori di esso, devono godere della stessa protezione sociale.

- Articolo 26**
1. Ogni individuo ha diritto all'istruzione. L'istruzione deve essere gratuita almeno per quanto riguarda le classi elementari e fondamentali. L'istruzione elementare deve essere obbligatoria. L'istruzione tecnica e professionale deve essere messa alla portata di tutti e l'istruzione superiore deve essere egualmente accessibile a tutti sulla base del merito.
  2. L'istruzione deve essere indirizzata al pieno sviluppo della personalità umana ed al rafforzamento del rispetto dei diritti umani e delle libertà fondamentali. Essa deve promuovere la comprensione, la tolleranza, l'amicizia fra tutte le Nazioni, i gruppi razziali e religiosi, e deve favorire l'opera delle Nazioni Unite per il mantenimento della pace.
  3. I genitori hanno diritto di priorità nella scelta del genere di istruzione da impartire ai loro figli.

**Article 27**

1. Toute personne a le droit de prendre part librement à la vie culturelle de la communauté, de jouir des arts et de participer au progrès scientifique et aux bienfaits qui en résultent.
2. Chacun a droit à la protection des intérêts moraux et matériels découlant de toute production scientifique, littéraire ou artistique dont il est l'auteur.

**Article 28**

Toute personne a droit à ce que règne, sur le plan social et sur le plan international, un ordre tel que les droits et libertés énoncés dans la présente Déclaration puissent y trouver plein effet.

**Article 29**

1. L'individu a des devoirs envers la communauté dans laquelle seule le libre et plein développement de sa personnalité est possible.
2. Dans l'exercice de ses droits et dans la jouissance de ses libertés, chacun n'est soumis qu'aux limitations établies par la loi exclusivement en vue d'assurer la reconnaissance et le respect des droits et libertés d'autrui et afin de satisfaire aux justes exigences de la morale, de l'ordre public et du bien-être général dans une société démocratique.
3. Ces droits et libertés ne pourront, en aucun cas, s'exercer contrairement aux buts et aux principes des Nations Unies.

**Article 30**

Aucune disposition de la présente Déclaration ne peut être interprétée comme impliquant, pour un Etat, un groupement ou un individu, un droit quelconque de se livrer à une activité ou d'accomplir un acte visant à la destruction des droits et libertés qui y sont énoncés.

**Article 27**

1. Everyone has the right freely to participate in the cultural life of the community, to enjoy the arts and to share in scientific advancement and its benefits.
2. Everyone has the right to the protection of the moral and material interests resulting from any scientific, literary or artistic production of which he is the author.

**Article 28**

Everyone is entitled to a social and international order in which the rights and freedoms set forth in this Declaration can be fully realized.

**Article 29**

1. Everyone has duties to the community in which alone the free and full development of his personality is possible.
2. In the exercise of his rights and freedoms, everyone shall be subject only to such limitations as are determined by law solely for the purpose of securing due recognition and respect for the rights and freedoms of others and of meeting the just requirements of morality, public order and the general welfare in a democratic society.
3. These rights and freedoms may in no case be exercised contrary to the purposes and principles of the United Nations.

**Article 30**

Nothing in this Declaration may be interpreted as implying for any State, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein.

**Artículo 27**

1. Toda persona tiene derecho a tomar parte libremente en la vida cultural de la comunidad, a gozar de las artes y a participar en el progreso científico y en los beneficios que de él resulten.
2. Toda persona tiene derecho a la protección de los intereses morales y materiales que le correspondan por razón de las producciones científicas, literarias o artísticas de que sea autora.

**Artículo 28**

Toda persona tiene derecho a que se establezca un orden social e internacional en el que los derechos y libertades proclamados en esta Declaración se hagan plenamente efectivos.

**Artículo 29**

1. Toda persona tiene deberes respecto a la comunidad, puesto que sólo en ella puede desarrollar libre y plenamente su personalidad.
2. En el ejercicio de sus derechos y en el disfrute de sus libertades, toda persona estará solamente sujeta a las limitaciones establecidas por la ley con el único fin de asegurar el reconocimiento y el respeto de los derechos y libertades de los demás, y de satisfacer las justas exigencias de la moral, del orden público y del bienestar general en una sociedad democrática.
3. Estos derechos y libertades no podrán en ningún caso ser ejercidos en oposición a los propósitos y principios de las Naciones Unidas.

**Artículo 30**

Nada en la presente Declaración podrá interpretarse en el sentido de que confiere derecho alguno al Estado, a un grupo o a una persona, para emprender y desarrollar actividades o realizar actos tendientes a la supresión de cualquiera de los derechos y libertades proclamados en esta Declaración.

**Articolo 27**

1. Ogni individuo ha diritto di prendere parte liberamente alla vita culturale della comunità, di godere delle arti e di partecipare al progresso scientifico ed ai suoi benefici.
2. Ogni individuo ha diritto alla protezione degli interessi morali e materiali derivanti da ogni produzione scientifica, letteraria e artistica di cui egli sia autore.

**Articolo 28**

Ogni individuo ha diritto ad un ordine sociale e internazionale nel quale i diritti e le libertà enunciati in questa Dichiarazione possano essere pienamente realizzati.

**Articolo 29**

1. Ogni individuo ha dei doveri verso la comunità, nella quale soltanto è possibile il libero e pieno sviluppo della sua personalità.
2. Nell'esercizio dei suoi diritti e delle sue libertà, ognuno deve essere sottoposto soltanto a quelle limitazioni che sono stabilite dalla legge per assicurare il riconoscimento e il rispetto dei diritti e delle libertà degli altri e per soddisfare le giuste esigenze della morale, dell'ordine pubblico e del benessere generale in una società democratica.
3. Questi diritti e queste libertà non possono in nessun caso essere esercitati in contrasto con i fini e principi delle Nazioni Unite.

**Articolo 30**

Nulla nella presente Dichiarazione può essere interpretato nel senso di implicare un diritto di un qualsiasi Stato, gruppo o persona di esercitare un'attività o di compiere un atto mirante alla distruzione di alcuno dei diritti e delle libertà in essa enunciati.

Il 10 dicembre 1948, l'Assemblea Generale delle Nazioni Unite approvò e proclamò la Dichiarazione Universale dei Diritti Umani.

Dopo questa solenne deliberazione, l'Assemblea delle Nazioni Unite diede istruzioni al Segretario Generale di provvedere a diffondere ampiamente questa Dichiarazione e, a tal fine, di pubblicarne e distribuirne il testo non soltanto nelle cinque lingue ufficiali dell'Organizzazione internazionale, ma anche in quante altre lingue fosse possibile usando ogni mezzo a sua disposizione.

La Dichiarazione è composta da un preambolo e da 30 articoli.

Pur non essendo formalmente vincolante per gli Stati membri, in quanto dichiarazione di principi, questo documento riveste un'importanza storica fondamentale in quanto rappresenta la prima testimonianza della volontà della comunità internazionale di riconoscere universalmente i diritti che spettano a ciascun essere umano.

Le norme che compongono la Dichiarazione sono ormai considerate, dal punto di vista sostanziale, come principi generali del diritto internazionale e come tali vincolanti per tutti i soggetti di tale ordinamento.